

CMSAA GRADE 8 BOYS AND GIRLS VOLLEYBALL SCHEDULE AND RULES FOR THE 2015 VOLLEYBALL SEASON

Refer to CMSAA Mission Statement and Guiding



Principles



Grade 8's play on Wednesdays

2 Zones - North and So



North ZONE

- South ZONE**
- 1) KWAYHQUITLUM
 - 2) Scott Creek Citadel
 - 3) MINNEKHADA MAILLARD
 - 4) MAPLE CREEK
 - 5) SUMMIT
 - 6) Eagle Mountain
 - 7) Moody

- 1) HILLCREST
- 2) BANTING
- 3) MONTY
- 5)
- 6)
- 7) Pitt River

4) COMO LAKE



COQUITLAM MIDDLE SCHOOL ATHLETIC ASSOCIATION 2015
GRADE 8 GIRLS AND BOYS VOLLEYBALL SCHEDULE

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**** Refer to C.M.S.A.A Mission Statement and Guiding Principles ****

- 1) League matches will be played on Wednesday immediately after school. Please make all attempts to be at the host school by 3:20 and be prepared to begin at 3:30 sharp.
- 2) Matches are best 3 out of 5 - Games are to 25 points. If the other side is still playing when you are finished, you may play until the other match is complete. In the deciding fifth game, games go to 15 points. You must win by two points. There is no cap (meaning a game could theoretically end up 29 - 27).
- 3) Each school will field 2 teams, an “A” team and a “B” team. The two stronger teams will play each other and the two lesser experienced teams will play each other. The two matches will be played simultaneously. **This can be adjusted based on coaching discussions prior to the game.**
- 4) The Host school is responsible for supplying referees, umpires, line persons and scorekeepers as well as share the warm-up balls with the visiting school. Please make an attempt to have **adult referees or high school referees.**
- 5) Volleyballs to be used are regulation adult size (**volley – lites for grades 6 and 7.**).

6) Net height is 2.05 metres for girls (Bantam) and 2.20 metres for boys (Bantam).

7) Schools should try to have volleyball antennae set up if at all possible.

8) Teams are not permitted to shorten benches. **All players must receive equal playing time.** When a new game begins, teams must start with the same line up which they finished the previous game. This does not apply to a *new match*. Every time a player enters position #6 (beside the server) they must go off and his or her substitute comes in. This applies to all players.

9) If teams are short players, a grade 7 may play with the grade 8 team.

10) Teams may serve underhand, sidearm or overhand from any point behind the baseline. The players of the serving team must not prevent their opponent, through individual or collective screening, from seeing the server or the flight path of the ball. A player, or group of players, of the serving team makes a screen by raising or waiving hands above their head, jumping or moving sideways, or by standing grouped to hide the flight path of the ball during the execution of the service. **Players are allowed to stand at the net with their hands at face height and may not move until the serve.**

11) Players **are** allowed to return the serve directly over the net, without a second hit occurring.

12) The ball may contact various parts of the body consecutively (double hit) provided that the contacts occur during one action. However, the ball cannot be caught or thrown (You can double hit a free ball or a serve, as well as a hard driven ball as long as it is the first contact). You may also use your feet. Returning serve with a volley is permitted, but must be fairly clean. This means no palm, no “slapping sound.”

13) Servers will serve a maximum of 5 times before rotating.

14) All games are rally point. This means a point is scored every serve. If you miss a serve, the other team wins the serve and a point.

15) Players are allowed to use any part of their body to play the ball.

16) A service that contacts the net and continues over into the opponent’s court will be considered in play.

17) Net Rule:

Contacting the net is not a fault unless it interferes with the play.

A player interferes with the play by:

- touching the top white band of the net (also known as the tape)
- touching the part of the antenna above the height of the net
- taking support from the net while playing the ball (i.e. pulling the net down)
- making actions which hinder the opponents attempt to play the ball

Players may contact any other part of the net as long as it does not interfere with the play.

18) Center Line Rule:

It is permitted to penetrate into the opponent's space under the net as long as it does not interfere with the play.

To touch the opponent's court with a foot is permitted provided that some part of the penetrating foot remains either in contact with or directly over the center line.

To touch the opponent's court with any part of the body above the foot is permitted provided that it does not interfere with the opponents play.

19) Formal league standings will not be kept.

20) The Andy Laliberte Tournament (District championship) location is yet to be determined. The 2 teams you enter will **not** be of equal strength; they will be a "Team A" and "Team B". This equates to full participation and competition. If you have large numbers of players, you may enter a third team in the district tournament. This option would be to enter a "C" team in the "B" Tournament. **New: If your school has only one team for the playoffs the coach will decide the appropriate pool (A or B) based on their team's skill level.**

Obviously you need at least 6 players to have a team. We have a no cut policy at middle school and there is **not** a minimum number of players rule anymore but please bring as many players as possible to all your games provided they have shown the appropriate level of commitment to the team. This is at the coach's discretion who should always be keeping our middle school philosophy in mind. **Middle school sport is not about winning championships.**

21) On the first night of the District Championships when games are timed, the games will still go to 25 points win by 2 unless the time runs out before one team reaches 25 points. This will avoid extremely lopsided scores as well as potentially help the night end earlier. **Please coach your players to play through the buzzer since the ball is in play until the point is over.*****

ALL GAMES ON WEDNESDAY at 3:30pm (except the last game)

GRADE 8 North ZONE VOLLEYBALL

BOYS

GIRLS

SEPT. 30	Summit @ Eagle Mountain Minnehada @ Scott Creek Moody – BYE Kway – BYE	Eagle Mountain @ Summit Scott Creek @ Minnehada Moody @ Maple Creek Kway – BYE
OCT. 7	Eagle Mountain @ Kway Scott Creek @ Summit Moody @ Minnehada	Kway @ Eagle Mountain Summit @ Scott Creek Minnehada @ Moody Maple Creek - BYE
OCT. 14	Eagle Mountain @ Scott Creek Kway @ Minnehada Summit @ Moody	Scott Creek @ Maple Creek Minnehada @ Eagle Mountain Moody @ Kway Summit - BYE
OCT. 21	Minnehada @ Eagle Mountain Scott Creek @ Moody Kway @ Summit	Summit @ Minnehada Eagle Mountain @ Scott Creek Maple Creek @ Kway Moody - BYE
OCT. 28	Moody @ Eagle Mountain Scott Creek @ Kway Summit @ Minnehada	Eagle Mountain @ Moody Kway @ Summit Minnehada @ Maple Creek Scott Creek - BYE
NOV. 4	Kway @ Moody Summit @ Eagle Mountain Minnehada @ Scott Creek	Eagle Mountain @ Maple Creek Scott Creek @ Kway Moody @ Summit Minnehada -BYE

**Playoffs Night 1 is Nov. 17 (various Middle Schools)
Finals is likely Nov. 18 Location TBA**

ALL GAMES ON WEDNESDAY at 3:30pm

GRADE 8 South ZONE VOLLEYBALL

BOYS

GIRLS

SEPT. 30

Banting @ Como Lake
Monty @ Maillard
Citadel – BYE
Pitt River – BYE

Como Lake @ Banting
Maillard @ Monty
Citadel @ Hillcrest
Pitt – BYE

OCT. 7

Como Lake @ Pitt River
Maillard @ Banting
Citadel @ Monty

Pitt River @ Como Lake
Banting @ Maillard
Monty @ Citadel
Hillcrest - BYE

OCT. 14

Como Lake @ Maillard
Pitt River @ Monty
Banting @ Citadel

Maillard @ Hillcrest
Monty @ Como Lake
Citadel @ Pitt River
Banting - BYE

OCT. 21

Monty @ Como Lake
Maillard @ Citadel
Pitt River @ Banting

Banting @ Monty
Como Lake @ Maillard
Hillcrest @ Pitt River
Citadel - BYE

OCT. 28

Citadel @ Como Lake
Maillard @ Pitt River
Banting @ Monty

Como Lake @ Citadel
Pitt River @ Banting
Monty @ Hillcrest
Maillard - BYE

NOV. 4

Pitt River @ Citadel
Monty @ Maillard (optional)
Banting @ Como Lake (optional)

Como Lake @ Hillcrest
Maillard @ Pitt River
Citadel @ Banting
Monty -BYE

**Playoffs Night 1 is Nov. 17 (various Middle Schools)
Finals is likely Nov. 18 Location TBA**

2015 Grade 8 Volleyball Coaches List

School	Boys Coaches	Girls Coaches
Banting	Bill Trask	Troy Kimura
Citadel	Naomi McDonnell	Ralph Goring
Como Lake	Darren Stewart	Zak Molls
Eagle Mountain	Anders Nordby Rob Perko	Gentle St. Prix
Hillcrest	No team	Stefan Lagestan Jeff Nay
Kwayhquitlum	Brent Dureau	Irene Glen Sandy Kooner
Maillard	Darren Domingo Mark Clay	Stan Yuen Colleen Castonguay
Maple Creek	No team	Melissa Burdock Mandy Dolan
Minnekhada	Frank Lore Phil Hughes	Vivienne Royle Bart Vanstaalduinen
Montgomery	Paige Perry Nadia Tuan	Crystal Redlich
Moody	Jane Ono	Fernando Sousa Chris Welch
Pitt River	Steve Roos	Kristie Morrison Christine Siklic
Scott Creek	Dave Devaney	Fahrah Mawani
Summit	Jessica Bell Jen Dziwak	Jessica Bell Jody Pope